

News from the March 2009 meeting

We had a visit and talk by Beth Fuller from the "GOOD SPORTS" program and we have agreed to proceed with joining the program. It is a free program to help clubs become more focused on young people and to be more family friendly.

There are 4 points that "GOOD SPORTS" promote, these are;

- alcohol is managed responsibly
- healthy eating is promoted
- physical participation is encouraged
- on-site smoking is restricted as required by law

These points are easily managed by BDC.

Benefits to the club include;

- club culture welcoming to families and juniors
- more attractive to sponsors
- increase in membership, volunteers and teams
- improved public image
- reduced risk of liability
- reduced alcohol related problems (eg binge drinking, violence)

Some of these things are not really applicable to us and we already do some of these things. eg. we already have a family friendly club that is welcoming to juniors but there are benefits to us and very little that we have to do extra.

The major benefit to us is "Brownie Points" when we apply for grants and some extra food in the canteen that is healthy eg. pieces of fruit. The last club meeting approved our application and the committee is currently working on it. Many thanks to Beth for bringing it to our attention and for the information above.

More information about the good sports program can be found at
<http://www.goodsports.com.au>

Page Title: About Us Link:
<http://www.goodsports.com.au/goodsports/pages/about-us.html>